

January

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Sofya Zumba 8am Kathy Yoga 10am
2 Lisa Yoga 10:15am	3	4 Sofya Zumba 9:30am Sofya Aquatic Aerobics 10:30am	5	6 Sofya Cardio Kickboxing 9:30am Aqua sculpt and tone 10:30am	7	8 Sofya Zumba 8am Kathy Yoga 10am
9 Lisa Yoga 10:15am	10	11 Sofya Zumba 9:30am Sofya Aquatic Aerobics 10:30am	12	13 Sofya Cardio Kickboxing 9:30am Aqua sculpt and tone 10:30am	14	15 Sofya Zumba 8am Kathy Yoga 10am
16 Lisa Yoga 10:15am	17	18 Sofya Zumba 9:30am Sofya Aquatic Aerobics 10:30am	19	20 Sofya Cardio Kickboxing 9:30am Aqua sculpt and tone 10:30am	21	22 Sofya Zumba 8am Kathy Yoga 10am
23 Lisa Yoga 10:15am	24	25 Sofya Zumba 9:30am Sofya Aquatic Aerobics 10:30am	26	27 Sofya Cardio Kickboxing 9:30am Aqua sculpt and tone 10:30am	28	29 Sofya Zumba 8am Kathy Yoga 10am
30 Lisa Yoga 10:15am	31					

